

HUMAN FOODS FOR DOGS

✗ **JUNK FOODS** (chips, sweets, and biscuits)

✗ **WILD MUSHROOMS** (completely avoid any kind of wild mushroom)

✗ **CITRUS LIKE ORANGES** (can cause gastrointestinal upset)

✗ **AVOCADO** (digestive upset, avoid skin and pit)

✗ **NUTS** (macadamia, walnuts, almonds, pecans, pistachios)

✗ **PEANUT BUTTER** (sweetened with xylitol or other sugar alternatives)

✗ **FRUIT SEEDS, PITS, OR STONES**

✗ **DAIRY** (can cause digestive upset)

✗ **FAT TRIMMINGS** (pancreatitis risk)

✗ **GARLIC, ONIONS, CHIVES, OR LEEKS** (both raw & cooked, highly toxic in all forms)

✗ **GRAPES AND RAISINS** (highly toxic)

✗ **RAW POTATOES AND POTATO SKIN + EYES** (contain solanine)

✗ **RHUBARB** (leaves and stems)

✗ **SALTY FOODS** (in large amounts - sodium ion poisoning)

✗ **UNCOOKED YEASTY DOUGH** (highly unsafe)

✗ **COOKIE DOUGH** (raw eggs, chocolate, or xylitol ingredients are unsafe)

✗ **CAFFEINE** (all caffeine products - including decaf coffee - tea, chocolate, sodas, and cocoa)

✗ **CHOCOLATE** (in all forms - dark and sugar-free versions are especially dangerous)

✗ **XYLITOL** (any foods sweetened with it, like gum)

✗ **ALCOHOL** (highly unsafe - even cooked foods or dessert with alcohol)

AVOID

✓ **STORE-BOUGHT MUSHROOMS** (like button or portobello mushroom - but avoid cooking in oil and with garlic or onions)

✓ **PEANUT BUTTER** (in small amounts and infrequently. With real sugar or with zero sugar - never with xylitol)

✓ **EGGS** (cooked thoroughly with no oils or seasoning)

✓ **PEARS AND APPLES** (with seeds and cores removed)

✓ **NUTS** (unsalted, plain peanuts & cashews - small quantities and infrequent)

✓ **CARROTS** (fresh, cooked or raw, sliced to prevent choking)

✓ **PUMPKIN** (cooked plain with no seasonings or butter)

✓ **BLUEBERRIES** (fresh and washed, in small amounts - no more than a handful)

✓ **PINEAPPLE** (small amounts, with skin and core removed. Do not feed canned pineapple in syrup)

✓ **KIWIS** (in small quantities with skin removed)

✓ **BANANAS** (in moderation, sliced)

✓ **MANGO** (in moderation, with skin and pit removed)

✓ **MELONS** (like cantaloupe or watermelon, with rind and seeds removed, small portions)

✓ **RICE** (plain, boiled or steamed. Avoid fried rice or rice with oil, salt, and spices)

✓ **COOKED POTATOES** (boiled with skin thoroughly removed. Never raw or green)

✓ **SWEET POTATOES** (cooked plain with skin thoroughly removed)

✓ **HONEY** (plain, in small amounts and infrequently)

✓ **BEANS LIKE GREEN BEANS, KIDNEY BEANS, EDAMAME, SOYBEANS ETC.** (well-cooked and not canned in brine with added salt)

✓ **UNSEASONED CHICKEN AND FISH** (served plain and without skin or bones)

✓ **OATS/OATMEAL** (cooked plain with no sugar or milk)

✓ **PEACHES** (remove the pit and any leaves entirely)

SAFE

